

## Transcell Biolife partners with nbirth to offer online interactive platform on prenatal topics to families with expectant mothers

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nbirth ([www.nbirth.com](http://www.nbirth.com)) provides online interactive education from pregnancy (prenatal) to parenting (postnatal) on topics like:

- Diet Fitness, Birthing Baby care, Mother care
- Pregnancy information & how to have a healthy pregnancy
- Diet & Nutrition, managing health throughout the journey
- About Labour
- Breastfeeding & Lactation

Through this arrangement, Transcell Biolife's authorized field executive's offer this additional platform along with the biobanking service to all the eligible families adding value to their journey. Access to expert educators online, at the comfort of home, recorded sessions, available in regional languages are some of the features of bundled offer that is made. DrVinodha with 10+ years of experience, trained Lamaze childbirth educator is accessible through the interactive platform personalizing the online experience.

### Why you should make cycling with your baby your constant workout

<https://blog.nbirth.com/why-you-should-make-cycling-with-your-baby-your-constant-workout-2/>

### Five smart ways to exercise during your pregnancy

<https://blog.nbirth.com/five-smart-ways-to-exercise-during-your-pregnancy/>

### WALKING DURING YOUR PREGNANCY!

<https://blog.nbirth.com/walking-during-your-pregnancy/>

**#Pregnancy #Biobank #Prenatal #Postnatal #Breastfeeding  
#Lactation**



For more information please contact:

Mr. PoornaChander

Contact: 8328283583

Customer Support Number 24/7: +91 8985 000 888

TranscellBiolifePvt, Ltd, ALEAP Industrial Estate, Plot No: 64,  
Road no:5Gajularamaram, Hyderabad. 500090 India

